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# Leistungen der Rentenversicherung zur Nachsorge Bewilligung

Heruntergeladen am 27.06.2025

<https://fimportal.de/xzufi-services/102751160/B100019>

Modul	Sachverhalt
Leistungsschlüssel	99114040017000
Leistungsbezeichnung I	Leistungen der Rentenversicherung zur Nachsorge Bewilligung
Leistungsbezeichnung II	Apply for rehabilitation aftercare offer at the pension insurance company
Typisierung	1 - Bund: Regelung und Vollzug
Quellredaktion	Bund
Freigabestatus Katalog	fachlich freigegeben (gold)
Freigabestatus Bibliothek	unbestimmter Freigabestatus
Begriffe im Kontext	
Leistungstyp	Leistungsobjekt mit Verrichtung
Leistungsgruppierung	
Verrichtungskennung	Bewilligung (17)
SDG-Informationsbereich	Medizinische Behandlung in einem anderen Mitgliedstaat
Lagen Portalverbund	Krankheit (1130200), Rente (1180200)

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Einheitlicher Ansprechpartner	Nein
Fachlich freigegeben am	01.08.2022
Fachlich freigegeben durch	Federal Ministry of Labor and Social Affairs (BMAS)
Handlungsgrundlage	<a href="https://www.gesetze-im-internet.de/sgeb_6/_17.html">https://www.gesetze-im-internet.de/sgeb_6/_17.html</a>
Teaser	You can receive an aftercare benefit from the pension insurance if your attending physician at the rehab facility determines the need for rehab aftercare at the end of medical rehab.
Volltext	<p>The pension insurance's rehab aftercare services support you in testing and implementing the knowledge gained from medical rehab and skills in your living environment.</p> <p>This should enable you to better manage your everyday life and return to work. Rehab aftercare helps to ensure the success of the previous service.</p> <p>The rehab aftercare is as close as possible to your place of residence and in-service.</p> <p>Complex (multimodal) and less complex (unimodal) aftercare services are available to you:</p> <ul style="list-style-type: none"> <li>• Intensified rehabilitation aftercare (IRENA)</li> <li>• Training-therapeutic rehab aftercare (T-RENA)</li> <li>• Psychosomatic rehabilitation aftercare (Psy-RENA)</li> <li>• the addiction aftercare</li> <li>• the tele-rehab aftercare</li> </ul> <p>The aftercare services are provided by licensed providers throughout Germany, such as rehab facilities, physiotherapists, psychotherapists and addiction counseling centers. You can use the search portal for pension insurance aftercare services and approved aftercare providers to search for a provider near your home using your zip code.</p> <p>For your participation in rehab aftercare, you can apply to be reimbursed a flat-rate travel fee of EUR 5.00 per</p>

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appointment.

You do not have to pay anything extra. Your participation in a rehab follow-up is voluntary.

The pension insurance does not provide rehab aftercare if

- your attending physician determines that you are able to work less than 3 hours in relation to the general labor market at the end of the medical rehab,
- you have applied for a full pension or are drawing a full old-age pension, or
- you are drawing a partial old-age pension of at least 2 thirds of the full pension.

You can also claim follow-up care after a completed medical rehab if you have

- have applied for a pension due to reduced earning capacity,
- are unemployed or unable to work
- take advantage of gradual reintegration after rehab,
- there is a recommendation for the examination of lines for participation in working life by the rehab facility.

### Erforderliche Unterlagen

- You will receive the required documents from the rehab facility where you completed your medical rehab.

### Voraussetzungen

- The insurance-law requirements are met if you have received medical rehab through the pension insurance.

### Kosten

There are no costs for you.

### Verfahrensablauf

The need for aftercare services is determined at the rehab facility where you also went for medical rehab.

- You can claim rehabilitation aftercare if
  - the participation service has been completed
  - individual problem areas still need to be addressed in order to ensure the long-term success of the rehab program - for example, lack of exercise and obesity,
  - at the end of medical rehab, the patient is able to

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work at least 3 hours on the general labor market, or  
 • a positive employment prognosis exists.

• The recommendation for rehab aftercare is considered a cost commitment for the aftercare provider; there is no separate decision by the responsible pension insurance institution.

Subsequent determination of need:

If your need for aftercare services was not determined at the rehab facility, you may submit an application to your responsible pension insurance carrier within 4 weeks of completing your medical rehabilitation.

## Bearbeitungsdauer

There is usually no processing time, as the recommendation is issued by the rehab facility at the end of the medical rehab.

## Frist

Pension insurance funds aftercare services for a maximum period of 12 months following medical rehab.

## weiterführende Informationen

[https://www.deutsche-rentenversicherung.de/DRV/DE/Reha/Reha-Nachsorge/reha-nachsorge\\_node.html](https://www.deutsche-rentenversicherung.de/DRV/DE/Reha/Reha-Nachsorge/reha-nachsorge_node.html)

## Hinweise

## Rechtsbehelf

There are no legal remedies, as participation is voluntary.

## Kurztext

- Pension insurance benefits for aftercare approval
- Pension insurance aftercare services following a completed participation service
- Rehab aftercare helps to ensure the success of the previous service.
- Rehab aftercare is recommended to the insured person by the rehab facility at the end of medical rehab if needed
- If the need for aftercare services is not determined at the facility, the insured person may apply to the appropriate pension insurance carrier within four weeks of completion of the previous participation service.
- Rehab aftercare can take place on an in-service basis
- depending on need: complex (multimodal) and less

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complex (unimodal) aftercare services and tele-rehab aftercare services

- rehab aftercare is provided by licensed aftercare providers
- A zip code-based web portal is available to search for aftercare providers
- No co-payment required
- travel costs are reimbursed on request as a lump sum of 5.00 EUR per appointment
- The pension insurance does not provide rehabilitation aftercare: if there is a capacity of less than 3 hours related to the general labor market, when applying for or receiving a full pension due to old age, when receiving a partial old-age pension of at least 2 thirds of the full pension.
- responsible: German pension insurance

**Ansprechpunkt**
**Zuständige Stelle**
**Formulare**

Forms available: Yes

Written form required: Yes

Informal application possible: No

Personal appearance required: No

Online services available: Yes

**Ursprungsportal**

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